

Finding information about government-funded health and aged care services can be complex. Dementia Australia has a new way to identify and access dementia services.

The Aged Care Navigators Trial is delivered by Dementia Australia as part of a consortium led by COTA Australia and funded by the Australian Government. For more information go to **AgedCareNavigators.org.au**

Trial locations

Newcastle and the Hunter region NSW, Perth WA and surrounding areas.

How to sign up

Call the National Dementia Helpline on **1800 100 500**.

About COTA

COTA Australia is the peak national organisation representing the rights, needs and interests of older Australians **cota.org.au**



**For more information
or to register, call**

National Dementia Helpline
1800 100 500



For language assistance
call **131 450**

Dementia Australia is the national peak body and charity for people of all ages, living with all forms of dementia, their families and carers. Dementia Australia provides advocacy, support, education and information for the estimated 459,000 people living with dementia in Australia.



Dementia Care Navigator



**A better way to connect
with services and supports**

Dementia Care Navigator trial

The Dementia Care Navigator is a service that aims to make it simpler for Australians to learn about government-supported aged care services and how to access them.

The trial involves testing different ways to share aged care service information.

Due to the changing nature of dementia, it is likely support needs of the person with dementia, their families and carers, will differ at various stages of the disease. We understand what people go through after receiving a diagnosis of dementia and that everyone's experience is unique.

This program will support you to connect with and access services in your area.

Dementia Australia is seeking participants aged over 65 (or over 50 for Aboriginal and Torres Strait Islanders) who reside in Newcastle and the Hunter region NSW, Perth WA and surrounding areas.

Participation in the trial is free.

You will be asked to evaluate the trial and your experiences will allow us to improve the support we provide to people wanting to access aged care services.



Benefits to you

Information Hub access

- Tailored information about dementia and local services
- Individual and group support sessions
- Seminars to help you navigate living with dementia at all stages, including connecting you with other service providers

Dedicated Dementia Care Navigator

- One-on-one assistance
- Support available via phone, email and in person
- Expert advice on how to connect with other service providers