

What our Uni4You participants say....

I was no good at school and hadn't studied for years. Now I have an idea. I want to do something for me.

The weekly support group gave me confidence when I had none, everyone was there for the same reason so I never felt 'out of place' or alone.

It's what kept me going, the reassurance and knowing help was there, even if I needed to bring my children I knew I'd be fine.

I would not have taken the step into studies if it weren't for the Uni4You project.

Uni4You is a project of The Family Action Centre, University of Newcastle. It is funded by the Federal Governments' Higher Education Participation & Partnerships Programme (HEPPP).



Please contact us for further information about Uni4You activities in your area:

Email: U4U@newcastle.edu.au

Or phone / text:

Muswellbrook

Nicole Roser: 0409 814 107

Cessnock & Singleton

Annette Hofman: 0417 480 013

Maitland & Port Stephens

Kathryn Puckeridge: 0437 446 509

Newcastle & Lake Macquarie

Roger Currie: 0400 978 046

Central Coast

Mary Ross: 0408 363 448

Professional Development workshops

Michele Oshan: 0437 251 261



facebook.com/U4U.TheFamilyActionCentre

Uni4You is designed to support educational equity by fostering engagement in higher education, and strengthening family and community wellbeing.

Uni4You

Explore pathways into studying, and find out what it's like at Uni.

Lifelong Learning



"Uni4You helped me make life changing decisions for myself and my family"

Uni4You: re- connect to lifelong learning with the support of a friendly team and a range of FREE workshops and activities in your local community.

Learning Unleashed: rediscover your hopes and dreams about learning and education.

These workshops are for anyone exploring ideas around lifelong learning, including parents or carers supporting their children's education.

Pathways to Lifelong Learning: information about different ways to access adult education.

These information sessions answer your questions about the kinds of courses available to connect with studying.



Preparation for Study: develop your skills and feel confident about learning.

Register with U4U to join this series of weekly workshops that introduce you to academic skills (e.g. note taking and essay writing), provide strategies for time management and coping with change in your life, and offer tours around the Uni.

Peer Learning support: provides flexible personal support in your local community.

These friendly weekly groups continue to support people registered with U4U who decide to enrol in an pathway program at Newcastle University (Open Foundation, Yapug, Newstep).

All Uni4You activities are free and child-minding is available.

What are Pathway (Enabling) Programs?

If you haven't studied in a while, or didn't complete Year 12, there are a range of entry pathways and options to study.

Regardless of your background or level of previous education, these FREE entry programs help develop the confidence and skills for studying at university.

Newstep: for people aged 18-20 years.
www.newcastle.edu.au/newstep

Yapug: for Aboriginal and/or Torres Strait Islander people aged 18 years and over.
www.newcastle.edu.au/yapug

Open Foundation: for people aged 20 years and over. Available part-time or full-time, and online.
www.newcastle.edu.au/openfoundation