

# Are you the parent or carer of a person with intellectual disability and/or autism

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## **We want to hear from you!**

Share your experiences and knowledge, and help us create a resource to help parents and carers of children with disability proactively support their child through puberty.

## **About the project**

Family Planning NSW is starting an exciting new nation-wide project! It aims to assist parents and carers to support their child through puberty by providing them with access to an interactive online platform with the latest information, resources and strategies for supporting their growing children.

## **Who do we need?**

Parents and carers of adult children (+18) with Intellectual Disability and/or Autism Spectrum Disorder

## **What will you do?**

Attend 1-2 meetings (face-to-face or via video conference) and share your stories, experiences and feedback on supporting a child with disability through puberty.

## **Date:**

Mon 30th March 2020

## **Time:**

Morning session: 10am – 12pm

Evening session: 6pm-8pm

## **Venue:**

Family Planning NSW, 328 - 336 Liverpool Road, Ashfield NSW 2131

(Video conference will be provided for those who cannot get to Ashfield)

## **How to register your interest**

To register your interest, or to find out more information email [disability@fpnsw.org.au](mailto:disability@fpnsw.org.au) or call 02 8752 4387.

Expressions of interest close on 26th March 2020.

**Funded by the National Disability**

**Insurance Agency.**

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